

NFR Championship Races 2025

Race	Day	Date	Time	Category	Distance	Climb	Cost	Entry details	Location
Bollihope Carrs	Sat	22 nd March	11.00	BM	6.5m/10.5k	1247ft/380m	£5	Pre-entry via SiEntries	County Durham
Heartbeat Hobble	Sun	6 th April	11.00	BM	7.4m/11.9k	951ft/290m	£7	EOD	North York Moors
Fairfield Horseshoe	Sat	10 th May	11.00	AM	9.0m/14.5k	2999ft/914m	£13	Pre-entry: Timing Up North Website (https://www.eventsupnorth.co.uk)	Lakes
Howtown	Sun	8 th June	11.00	AL	13.3m/21.4k	4593ft/1400m	£7	EOD	Lakes
Eildon 3 Hills	Sat	21 st June	14.30	AS	4.5m/7.2k	1673ft/510m	£12	Pre-entry: https://www.entrycentral.com/Eildon_Hill_Race	Scottish Borders
Chapelfell Top	Tue	15 th July	19.30	AS	4.3m/7.0k	1312ft/400m	£5/£7	Pre-entry via SiEntries or EOD	County Durham
Lowther Lakeland Fell & Trail Run	Sun	10 th August	11.00	CL	13.0m/21.0k	1411ft/430m	£12	Pre-entry via SiEntries	Lakes
Bellingham Show	Sat	30 th August	14.30	BS	4.0m/6.4k	600ft/183m	£10	EOD	N'land
Simonside (Thropton Show)	Sat	20 th Sep	14.00	BM	7.3m/11.7k	1198ft/365m	£3 plus show entry fee	EOD	N'land
Carnethy Skyloop	Sun	12 th Oct	11.00	AL	18.6m/30.0k	5577ft/1700m	£15	Pre-entry via SiEntries	Scottish Borders
Really Wild Boar	Sat	6 th Dec	11.00	AS	5.6m/9.0k	1476ft/450m	£10	EOD	Yorkshire Dales

Points from best six races to count. By the end of the year, minimum of one Short, one Medium, and one Long category race needed for points to count in the Championship (except M60 upwards and F60 upwards where there is no requirement for a long race). Points awarded in each age group: 52pts for winner, 49pts for second, 48pts for third, etc. Age groups for men and women are Senior, V40, V45, V50, V55, V60, V65, V70, V75.